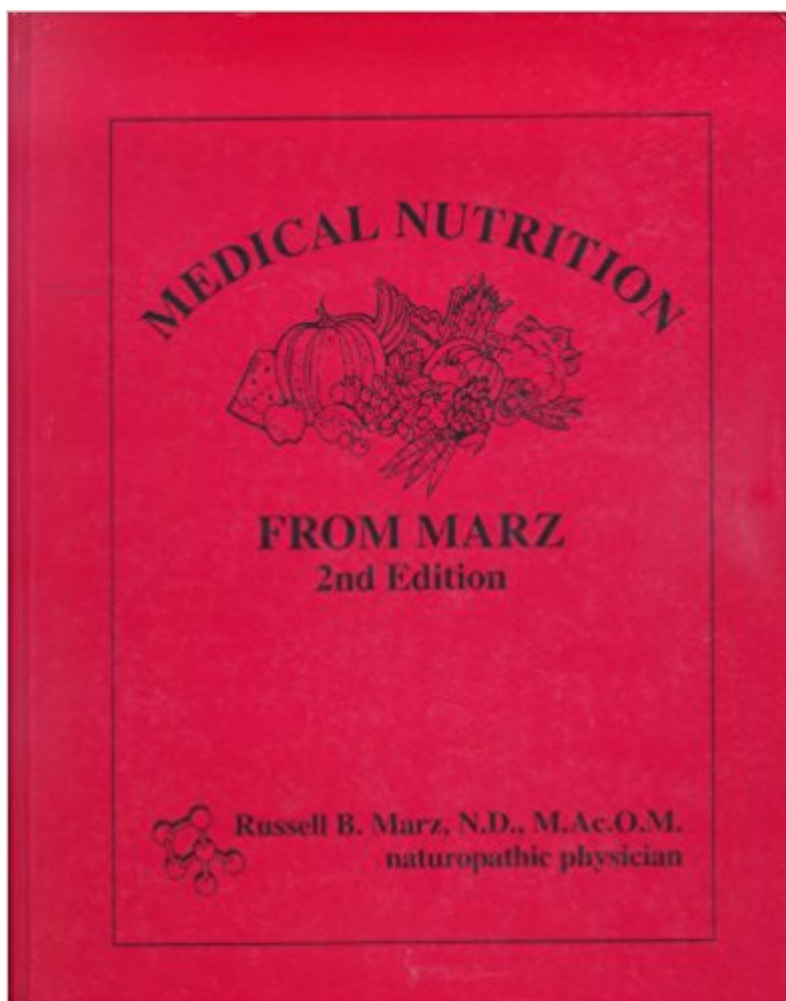




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Book by Marz, Russell B.

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Book by Marz, Russell B.

great book

A favorite reference book!

I used this book throughout medical school to come up with treatment rationals for recommending that a patient take a certain nutrient, or better yet, get it from his/her diet. Now I am writing some continuing ed articles and am using this book for references on how certain nutrients are integral in certain conditions. Not only is Dr. Marz a good dancer, but an excellent writer with numerous citations for each condition/nutrient. :) I can't recommend this book highly enough. If you are an ND student, you will buy this and not regret a penny.

I used this book in a naturopathic medical school. 10 years later I still use it every week in practice as a reference. Dr. Marz produced an outstanding compilations of references and resources for common conditions. The charts and references I copy for my patients. The dosages I refer to. It is

packed with useful, usable material. The price might seem high...but its like a reading a seasoned naturopath's brain on every condition. There's no comparison to other books out there. A GEM of a book.

This is the most clinically relevant nutrition textbook I have ever used as a medical student. I am hoping for an updated 3rd addition, but in the meantime it serves well in clinical practice especially with Dr Marz's insightfull clinical anectdotes as well as actual resources on lab testing and reputable supplementation.Thanks Dr Russell Marz

Every medical student and doctor should have this valuable reference.

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